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SAINT MARTIN
TOURIST OFFICE NEWSLETTER

Saint Martin delicious delights and hiking

Welcome to St. Martin. For your next trip, come and explore a picture-perfect and authentic island. You'll be able to relax on the magnificent beaches, sip some superb cocktails, and taste food from all over the world. In this month's issue of our newsletter, we'll show you around the island's best footpaths and peaks, and tell you all about a lounge of many delights in Marigot.

Need to escape from it all? Explore St. Martin's coastline and natural environment on a horseback ride. This newsletter is full of practical advice and little stories that reveal even more about the Friendly Island.


St. Martin
THE FRIENDLY ISLAND
FRENCH CARIBBEAN





NEW

The Villa Maasai Lounge Sxm

A trained pastry chef with countless awards up his sleeve (including "La Meilleure Galette de Paris 2016"), **David Chambeau** left Paris a few years ago for his parents' homeland, Martinique. In May 2020, he was presented with an opportunity to come to St. Martin and take over a business on Marigot seafront.

His tearoom Villa Maasai opened in April 2021. Since then, the elegant space with gorgeous French decor has been welcoming both tourists and locals with tea, cakes, and savory dishes. Sandwiches, macarons, pastries, cookies. Everything is made from scratch. Starting at 5pm, tapas, cocktails, and hookah are on offer in the relaxing lounge area.

For those who would like to learn the art of French patisserie for themselves, master classes organized by **David Chambeau** will soon be available.





Planteur:

The signature cocktail of the West Indies

You just have to try this alcoholic fruit cocktail with a Caribbean flavor. Versions of the recipe are as numerous as the beaches of St. Martin. Its bright color and refreshing flavor have propelled it to stardom all along the coast.

RECIPE FOR 4 PEOPLE

150 ml white rum or aged rum ($\frac{3}{4}$ cup)

300 ml orange juice ($1\frac{1}{2}$ cups)

300 ml pineapple juice ($1\frac{1}{2}$ cups)

300 ml guava juice ($1\frac{1}{2}$ cups)

Cane syrup

A splash of Angostura bitters (optional)

Nutmeg (optional)

Adjust the amounts to taste and serve cold.

Please drink responsibly.



La Cucina



Del Arti Ristorante... **viva Italia**



They'll tantalize your tastebuds and warm your heart! Savor fresh and colorful Italian recipes at Del Arti Ristorante and take a delicious journey to the Italian countryside, whose sun-soaked dishes are among the most intriguing in the world. The Anse Marcel Marina is the perfect setting for your dinner.

The view from the top of the hill over the beautiful bay of Anse Marcel from the road is an ideal starter. Del Arti Ristorante is nestled below the Marina, in a peaceful area that is much appreciated for its tranquility and beautiful sandy beach.

Chefs Richi and David craft all the sunny flavors of Italian cuisine here. From the comfortable, airy terrace, you can enjoy a gastronomic getaway to Italy. Everything is made in-house, from the unmissable fresh pizzas and pastas to the restaurant's signature dishes. You'll love the miso antipasti and the grilled octopus with crushed eggplant and candied vegetables. You will delight the senses with signature dishes such

as the squid ink tagliatelle with lobster bisque, lobster medallion, sea urchin, and candied peppers or the beef filet with the house Italian spaetzle, truffle butter, and demi-glace. For a sweet treat, the Tiramisu Della Casa is a must.



At Del Arti Ristorante, the menu and specials vary with the seasons to ensure the freshness of your meal. The restaurant is open every evening except Tuesdays.

Del Arti Ristorante

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CULTURE

Soualigan Slangs



Wappen
Question. What's wrong?
Pronounced: /wəpən/ A: Wappen to you now?

Joy Carty, Guillaume Gumbs, and Jackie Warner are young locals of St. Martin who are working hard today to protect St. Martin's culture.

All three of them strive to showcase the subtle aspects of St. Martin's culture. "Today, there are very few artworks that highlight our culture and document our traditions. The island's oral tradition has been dying

Ayo lawd
(Interj.) To express surprise, indignation.
Pronounced: /əjo ləʊd/ A: Ayo lawd! Look over there.

out slowly for several reasons. We believe that we need a methodical, or even educational approach to firstly define the various elements of our culture, and then document them," explain the three young locals of St. Martin.

Doh humbug meh
(v) annoy, interrupt, bother.
Pronounced: /dəu ˈhʌmbʊg mi/ A: Doh humbug meh, I'm not in the mood.

To be able to really get this cultural heritage out there on a broader scale, they began selling items featuring the island's famous "slangs," creating local board games, and organizing innovative events in the local area. They're all over social media, too.

The top priority for "Soualigan Slangs" is to showcase as many facets as possible. "Our list of everyday

Jus so
(Adv.) Just like that, unexpected.
Pronounced: /dʒʌs so/ A: It fell down jus so in front of me!

expressions and words never stops growing. We regularly add to this list when we meet other people who are also passionate about the culture here or when we speak to older generations of the island's locals."

The expressions
 "Our list of everyday expressions and words never stops growing. We regularly add to this list when we meet other people who are also passionate about the culture here or when we speak to older generations of the island's locals."

FB: Soualiganslang
Insta: Soualiganslang
Web: www.soualiganslang.com



A QUICK GETAWAY

Horseback ride

 **in paradise**

The Ranch du Galion is a timeless place on the outskirts of St. Martin's Nature Reserve. They have 23 horses here, some of which were rescued by owner Jessica Della-Vedova, and have been given a second chance at life. Jessica will take you on an outing to explore the Galion and the crystal-clear waters.

Before setting off, there's a routine exercise that helps the rider and horse get to know each other better. After a practice ride, we're ready to set off along the trails, guided by Jessica. We ride through the vegetation towards the ocean one after the other. Everyone's (including the horses') favorite part of the ride is usually the swim. In Galion Bay, the turquoise waters' siren song calls out to the animals, who can't resist dipping their hooves in first and then the rest of their body. You'll really live in the present during this unique moment shared with a horse and nature.

RANCH DU GALION | Tel.: +590 690 76 96 24
FB: Ranch du Galion - Save the Horses Caribeen



Trail-running and hiking trails



Practical TIPS

St. Martin never disappoints hiking fans. There are countless trails through the vegetation that lead to the island's various peaks. In Anse Marcel, the Froussards trail leads to Petites Cayes Bay, where a magnificent wild, white sandy beach awaits you. In Bellevue, a few trails lead to the top of St. Peter's Hill. Some of them, like "La Ravine," are pretty challenging, while others are not as steep and more accessible.

For some of the trails, we recommend you pick up a map and ask for advice before setting off.

Standing at an altitude of 1,391 ft, Pic Paradis is the highest point on St. Martin. It offers a magnificent panoramic view over the entire island and the neighboring islands. It's the departure point for several hiking trails that crisscross the island's lush-green hills. You can also set off from Loterie Farm at the bottom of Pic Paradis, for a hike through the tropical forest, where you'll see iguanas and monkeys. This waymarked hiking trail is accessible to all and is also available with a guide.





Did you know?

Green monkeys on St. Martin

The green monkey is a primate originally from Africa. It was introduced voluntarily to the Lesser Antilles during the colonial era (17th century). These monkeys can mainly be found in the wooded areas of the island, and can be seen on the hillsides of the Pic Paradis and in Guana Bay. But now you see more and more of them around more developed areas like Concordia, Hope Estate and Rambaud. No studies have yet been carried out to quantify the population of green monkeys and assess their impact. They have a black face and black hands, but the green monkey gets its name from the gray-green fur on its back and the top of its head. The fur on its cheeks is generally a yellowish color.

Advice: They are wild animals and we strongly recommend avoiding all direct contact with them, as they can be unpredictable.

Saint Martin



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