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ST. MARTIN
TOURIST OFFICE NEWSLETTER

Water Sports & Activities

cultural events

The island of St. Martin is the ideal place for enjoying the pleasures of the omnipresent sea. All 37 beaches on the Friendly Island are absolutely beautiful - without exception.

It's a hike to some beaches, and you might even discover a secret surf spot known only to experienced surfers.

St. Martin is also a culinary island, where you'll find flavors from around the world. In this issue, we are going to whisk you away to Italy with a visit to a popular restaurant on the water's edge.

St. Martin has a rich history which inspired the Tourist Office to organize cultural and theater productions about prominent figures who have left their mark on the island's history.

You'll also find a presentation of the brand-new tourist information desk, in the center of Marigot.

See you soon on the Friendly Island.





NEW

The Maison des Voyageurs welcome desk

This is a new place open to travelers and visitors to the Friendly Island. The Tourist Office has officially opened this brand-new welcome desk on the seafront in Marigot.

"Our holiday advisors are on-hand to answer any questions that locals or visitors may have. They will provide all the information you need and suggest the best places to go", explained Aida Weinum, Director of the Tourist Office.

With a surface area of 72m2, the office and its facilities focus on giving visitors an authentic experience, according to Valérie Damaseau, President of the Tourist Office.

Visitors will find all the information they could possibly need about the island at our welcome desk. Maps and brochures are available to guide the public to the many points of interest and promote the must-sees and natural treasures of the island.

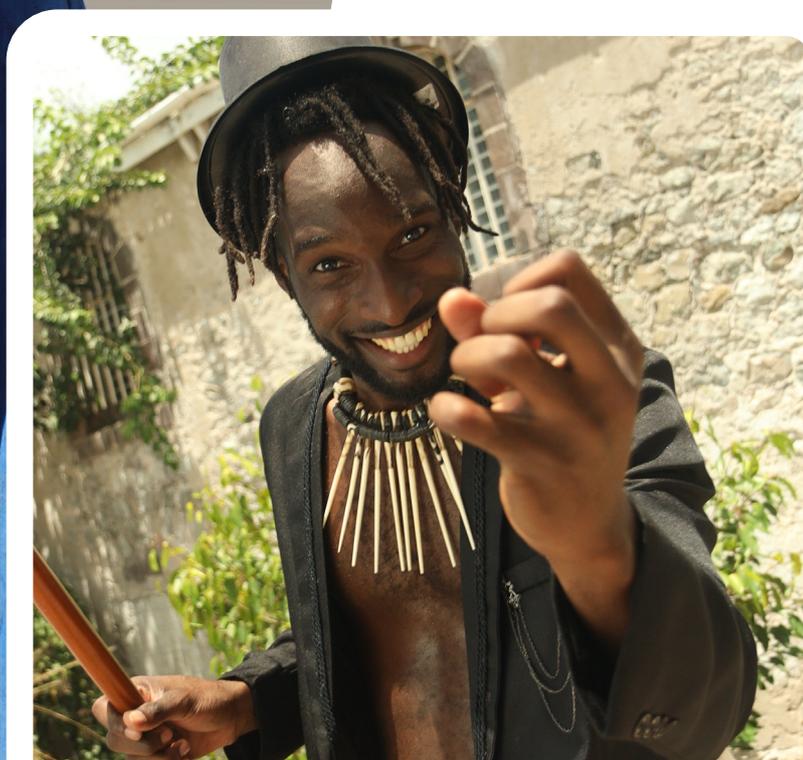
Visitors can also **ask questions about :** car hire, where to eat, the best beaches, kids activities, where to go jet-skiing, partying in the evening, and much more. Everything you need to know!

You'll enjoy visiting our brand-new welcome desk in the center of Marigot.



Lights On Freedom Fighters

The 174th anniversary of the abolition of slavery on St. Martin was celebrated on May 28th this year. The celebrations were a chance to pay tribute to some prominent figures from the island's history through cultural and theater productions. **This event was organized by the Tourist Office in partnership with Stéphanie Gumbs**, a history enthusiast. The celebrations involve four theater productions about historic or legendary characters from the era, played by very talented actors! The program includes 'One Tété Lohkay', a symbol of the fight against slavery, Georges Daniel, known as the 'poisoner', and a production about the life of abolitionist François Auguste Perrinon. The last production about the life of 'Quashiba, the runaway slave' is scheduled for the end of August.





SPORT

Fridays are for trail-running as a family

This is the much-awaited event for the whole family: hiking in the great outdoors with an amazing atmosphere at the Family Trail organized by the Dream of Trail association.

At least one Friday per month, late in the afternoon, the members of the association organize this nature walk for the whole family. **It has become the traditional end-of-week breath of fresh air.**

It's an opportunity to explore or rediscover the area, trekking up to the island's peaks to **admire the magnificent sunsets.**



St. Martin is the ideal place for walking and hiking with **over 80 km of hilly trails winding across the island** which cater to all **all levels of ability and all ages.**

All you have to do is put your sneakers on, grab a bottle of water and head for the meeting point provided on the Dream of Trail social networks, then just **enjoy the great outdoors and the views.**

Contact the association for more information about the dates and times of the next Family Trail.

..... **Contact**  @Dream of Trail SXM



UNMISSABLE



Surfing at Wilderness



Wilderness is a challenging surf spot for experienced surfers that is certainly worth the trip. When the swell is high, the conditions are perfect with ideal waves. **It's a superb spot with a simply extraordinary view.**

This beach on the north-west side of the island is a spectacular place.

There are only two ways to get here, either by the sea or on foot along a trail. It's a 20- to 30-minute walk.

Leaving from Anse Marcel, through the hills and greenery before arriving above the beach. **Leaving from Cul-de-Sac beach,** along the coastline facing Anguilla.

Once you arrive, there's a small surfer's cabin where you can leave your personal belongings before heading into the surf. The perfectly shaped wave that breaks on the right is ideal for experienced surfers wanting to practice their best moves.

Watch the amazing show from the shore.

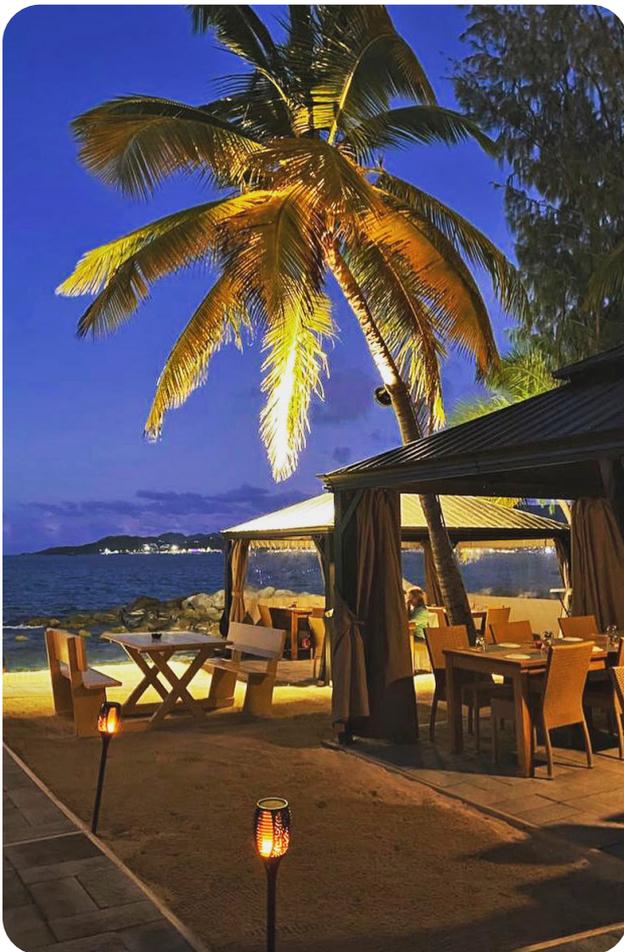
And there's another beach, one of the most beautiful and wildest on the island, just a few dozen meters further.



A TASTE OF LOCAL LIFE

Mezza Luna

the flavors of Italy



All the flavors of Italy in the heart of the Caribbean. This is the culinary experience that awaits you at Mezza Luna. You'll be blown away by the setting. **Nestled in Nettlé Bay on the seafont,** the restaurant faces the magnificent Marigot bay. The authentic Italian appetizers are mouth-watering, ideal for al fresco dining. Taste the delicious Aubergines à la Parmigiana, or fresh fish tartar for a little touch of Caribbean flavor. For the main dishes, **choose from the chef's delicious specialties.** There are a range of the quintessential pasta dishes to choose from, with dishes simmering in sauce and a selection of pizzas, just like in Rome or Naples.

The restaurant is open for lunch and the evening meal. The chef uses fresh, top-quality products in his beautifully presented dishes that abound with color!

 [Mezza Luna](#)



RECIPE

Sweet potato cake



Sweet potato is an ingredient that is often found in Caribbean cuisine. Thanks to **its special sweet taste**, it is only natural that this vegetable is used **to make a cake**.

INGREDIENTS

- ★ 1.5 KG SWEET POTATO
- ★ 3 EGGS
- ★ 1 VANILLA POD
- ★ ACCORDING TO TASTE:
1 TEASPOON OF CINNAMON
- ★ 100 G SUGAR
- ★ 20 CL MILK
- ★ 100 G BUTTER
- ★ 1 TABLESPOON OF RUM



RECIPE

- ★ Peel the sweet potatoes, cut them into cubes and boil them in water for 45 minutes. Drain and put aside.
- ★ Whisk the eggs with the sugar, vanilla and cinnamon if you are adding any.
- ★ Add the milk.
- ★ Mix the sweet potato in a blender, then add the egg, sugar and vanilla mixture.
- ★ Finally, add the softened butter and then mix in the blender again until smooth and creamy. You can add a tablespoon of aged rum for extra flavor.
- ★ Pour the mixture into a greased baking tin and put in the oven for between 45 min and 1 hour at 175°C.
- ★ Leave to cool, brush with vanilla syrup, and then chill in the fridge for at least 4 hours.

Smart buoys in Marigot Bay



Sailing is a booming industry on the island of St. Martin. Every year, many recreational boaters come to enjoy the warm climate and ideal sailing conditions in St. Martin.

To ensure the protection of the underwater world and to optimize mooring management, the port has decided to provide 80 smart buoys.

The 80 buoys should be in operation by the beginning of the peak tourist season.

As soon as a boat drops anchor here, information is sent to the harbor master's office. The mooring fee, which is already in place, will continue to depend on the boat size.

As well as the moorings, *"eco-friendly refuges will also be available"*. This means small fish can take shelter from any bigger fish ready to make a feast of them.



Did you know?

St. Martin - the land of salt

Way before the first settlers arrived on the island, the Arawak indigenous people living on the island called it 'Souliga' - the land of salt.

During the 16th century, the great era of privateers and pirates, various nations had their sights set on the island's salt reserves. The Dutch were first to spot the Grand Bay salt pond. Soon after, the arrival of the first Dutch families marked the beginning of St. Martin's salt economy.

Salt was farmed on the French side in the salt marshes of Grand Case, Chevrise, and Quarter d'Orléans. The salt marsh in Grand Case was the biggest on the French side of the island, where production was exported to mainland France, the Caribbean, Canada, and the United States. This precious mineral was used to preserve meat and codfish.

Salt was produced on the island up until 1961.

Saint Martin



St. Martin 
THE FRIENDLY ISLAND
FRENCH CARIBBEAN

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